



Quality You Trust, Excellence You Deserve.



[aapharmachem.com](http://aapharmachem.com)



## Our Mission

At A&A Pharmachem, we are committed to redefining the nutraceuticals industry by delivering premium products held to pharmaceutical standards. Our mission is to empower wellness and elevate the nutraceutical landscape with trusted quality and products designed for better living.



## Our Story

Established in 1992, A&A Pharmachem has built a proud legacy as a premier supplier of nutraceutical and pharmaceutical products. For over 30 years we have focused on the highest source manufacturing facilities worldwide. In 2005, we created IPG, a division focused on importing market-ready pharmaceuticals, which became a standalone company in 2011.

Our dedication to quality, reliability, and exceptional customer service has enabled us to build long-term relationships with a diverse and growing client base, including some of the world's leading manufacturers in functional food, dietary supplements, pet products, sports nutrition, and over-the-counter (OTC) products.



Our distribution covers North America through a network of eight warehouses in New Jersey, Utah, Texas, California, Florida, Quebec, Saskatchewan, and British Columbia, which allows us to deliver orders efficiently and cost effectively.





## What Sets Us Apart

We are committed to offering high-quality and potent products at competitive prices. Our global partnerships with growers ensure a consistent, year-round supply for both large- and small-scale projects.

## Rigorous Testing

Our certified partner manufacturing facilities fully comply with Good Manufacturing Practices (GMP) set by the Canadian Government's Natural Health Products Directorate (NHPD). We ensure that our products, processes, and quality control meet or exceed the regulations of the NHPD, the Canadian Food Inspection Agency, and the USA Food and Drug Administration (FDA). We also follow the United States Pharmacopoeia (USP) and NHPD guidelines when testing raw materials for purity, identification, and the presence of any trace heavy metals, harmful microbes, pesticides, or other contaminants.



Our partner laboratories employ advanced testing techniques such as High Performance Liquid Chromatography (HPLC) and Mass Spectrometry, enabling us to obtain precise results quickly and efficiently to ensure consistency and potency that aligns with label claims, and the highest quality natural products available.

When you choose products from A&A Pharmachem, you are selecting the finest natural products designed to support your health and well-being.

## Exceptional Customer Service

Our experienced sales and support team is dedicated to meeting your product needs while fostering long-term relationships with our customers. A&A Pharmachem's outstanding customer service has earned the trust of a diverse and growing client base, including some of the world's leading manufacturers in functional food, dietary supplements, pet products, sports nutrition, and OTCs, who have remained loyal over the 30 years we have been in business.



## Premium Products

At A&A Pharmachem, we believe that great products start with the best raw materials. Our commitment to quality is evident at every stage of the process, as the raw materials are carefully examined by our Quality Assurance teams. Only those that meet our stringent standards are accepted. Our products are manufactured at advanced, state-of-the-art facilities that utilize innovative technology to ensure the highest quality.

In addition, A&A is dedicated to sustainability, sourcing certified organic and non-GMO products. We support these efforts through regular audits by our Quality Assurance team, including traceability verification to ensure organic sourcing.



## Extensive Catalogue

As the demand for both new and existing natural products grows, A&A remains at the forefront, offering an extensive catalogue of the highest quality, nutrient-dense products.

To meet the diverse needs of our customers, we offer products in various formats, including powders, liquids, and finished bulk products. We serve multiple categories, including nutraceuticals, sports nutrition, functional foods, and OTCs, to support a wide range of high-demand consumer markets.

## Innovation – Research and Development

Our R&D team is continuously exploring new botanicals, functional foods, dietary supplements, and pet product ingredients to stay ahead of evolving trends in the nutraceutical market. We are committed to sourcing organic and clean-label products, ensuring we remain at the forefront of emerging ingredients to support the development of innovative, trend-setting products.





## Supporting Sustainability

We are committed to promoting sustainable practices throughout the entire supply chain, recognizing our responsibility as environmental stewards. We strive to fulfill our duties to farmers, workers, consumers, and the planet. We collaborate closely with our manufacturing partners to ensure traceability and verify the use of sustainable growing and harvesting practices.





# OUR PRODUCTS







# Vitamins & Multivitamins

Vitamin and multivitamin products offer a comprehensive blend of essential nutrients—including vitamins A, B-complex, C, D, E, and K—to support overall health, energy metabolism, immune function, and to help fill nutritional gaps in the daily diet.



## Vitamin Supplements:

Vitamins are a group of organic compounds that are essential for normal growth and nutrition, including single vitamins (e.g., vitamins C, D, B, E, A and K).

## Multivitamins and Minerals:

Formulations combining various vitamins and minerals to support overall well-being and nutritional balance.





# Minerals

Mineral supplements provide essential nutrients like calcium, magnesium, zinc, iron, and selenium that support vital bodily functions including bone health, muscle function, immune defence, and enzyme activity, helping to maintain overall health.

## Mineral Supplements:

Minerals are solid substances that are present in nature and can be made of one element or more elements combined together, such as calcium, magnesium, zinc, potassium, and iron.







# Herbal & Botanical Extracts

Herbal and botanical products harness the natural benefits of plant-based ingredients like turmeric, ashwagandha, ginseng, echinacea, and milk thistle to support overall wellness, including immune function, stress response, inflammation management, and liver health.



- **Herbal Supplements:** Products made from plant-based ingredients (e.g., ginseng, blueberry, grapeseed, St John's Wort).

- **Immunomodulators:** Ingredients like echinacea, oregano oil, and elderberry are aimed at boosting immune health.

- **Mushroom Extracts:** Functional mushrooms such as reishi, lion's mane, and cordyceps are used for immune system support.

- **Functional Botanicals:** Extracts used for specific health benefits like anti-inflammatory or antioxidant properties (turmeric).

- **Adaptogens:** Herbal ingredients that support stress reduction and overall well-being (e.g., ashwagandha, rhodiola rosea).

- **Men's and Women's Health:** Herbal ingredients that support overall men's and women's health (e.g., saw palmetto, maca, cranberry).







## Sport & Performance Nutrition

Sport and performance nutrition products enhance physical endurance, strength, and recovery with key ingredients like branched-chain amino acids (BCAAs), creatine, caffeine, electrolytes, and protein. These support energy production, muscle repair, and overall athletic performance.



- **Protein Powders:** Whey, plant-based, or collagen proteins used in nutritional supplements.

- **Amino Acids:** Individual amino acids like L-carnitine, L-glutamine, and branched-chain amino acids (BCAAs).

- **Peptides:** Specific protein fragments with potential health benefits.

- **Pre-workout Formulas:** Supplements designed to enhance energy, endurance, and focus before exercise (e.g., creatine, beta-alanine).

- **Post-workout Recovery:** Products focused on muscle repair and recovery (e.g., branched-chain amino acids, glutamine).

- **Endurance and Hydration:** Supplements supporting sustained energy and hydration during physical activity.







## Cardiovascular Health

Supplements to support heart and blood vessel function through ingredients like omega-3s, plant sterols, and antioxidants that help manage cholesterol, reduce inflammation, and promote overall circulatory wellness.

- **Fish Oil:** Omega-3 supplements derived from fish, focusing on EPA and DHA.

- **Plant-Based Omega-3s:** Sources like algae oil or flaxseed oil.

- **Omega-6 and Omega-9:** Supplements targeting balance in essential fatty acid intake.

- **CoQ10:** A supplement targeting heart function and circulation.







# Joint Health

Supplements to support flexibility, comfort, and mobility with ingredients like glucosamine, chondroitin, and collagen that help reduce inflammation and maintain healthy cartilage.

- **Glucosamine, Chondroitin and MSM:** Popular for supporting joint health and cartilage.

- **Collagen:** Used to support skin elasticity, joint health, and connective tissue strength by providing easily absorbed amino acids that help stimulate the body's natural collagen production.

- **Omega-6 and Omega-9:** Supplements targeting balance in essential fatty acid intake.

- **NEM:** Natural eggshell membrane for support of healthy joint and connective tissue.





# Weight Management

Products to support a healthy metabolism, appetite control, and fat utilization through targeted ingredients like green tea extract, fibre and conjugated linoleic acid (CLA).



- **Fat Burners:** Ingredients like green tea extract, caffeine, and garcinia cambogia that support weight loss.
- **Appetite Suppressants:** Products that help control appetite and cravings (e.g., glucomannan, hoodia).
- **Metabolism Boosters:** Products aimed at boosting metabolic rate (e.g., capsaicin, CLA).
- **Blood Sugar Support:** Products aimed at boosting metabolic rate similar to Metabolism Boosters (e.g., apple cider vinegar, cinnamon).



# Sleep & Stress

Products to help promote relaxation, improve sleep quality, and enhance stress resilience with ingredients like melatonin, L-theanine, GABA, ashwagandha, rhodiola, valerian root, and chamomile.

- **Mood Support:** Products targeting stress reduction, anxiety relief, and mood enhancement (e.g., 5-HTP).

- **Sleep Aids:** Supplements such as melatonin, valerian root, and magnesium designed to improve sleep quality.







# Eye Health

Eye Health nutraceuticals support vision and protect against age-related decline with key ingredients like lutein and zeaxanthin, which help maintain retinal function, reduce oxidative stress, and support overall ocular wellness.



- **Age-Related Eye Health:** Products to address the natural decline in visual function, which are rich in antioxidants and carotenoids that help protect and preserve macular health. (e.g., lutein, zeaxanthin).
- **Dry Eye and Tear Film Support:** Supplements to promote hydration of the ocular surface and reduce inflammation that can impair tear film quality (e.g., gamma-linolenic acid, vitamin A, astaxanthin).
- **Digital Eye Strain and Blue Light Protection:** Supplements to help support reduction of visual fatigue, blurred vision, and blue light exposure (e.g., bilberry extract, retinol, beta-carotene).
- **Night Vision and Contrast Sensitivity:** Products to enhance the eyes' ability to adapt to darkness and improve contrast sensitivity (e.g., vitamin A, riboflavin, taurine).
- **Diabetic Eye Health:** Nutritional support for individuals with diabetes-related vision concerns (e.g., alpha-lipoic acid (ALA), zinc, vitamins B1 and B6).



## Beauty & Skin Health (Oral and Topical)

Beauty and skin health products promote radiant, youthful skin by providing essential nutrients like collagen peptides, antioxidants, and hyaluronic acid that support skin hydration, elasticity, and protect against environmental damage.



- **Collagen and Elastin:** Supplements targeting skin elasticity, anti-aging, and overall skin health.

- **Hair and Nail Health:** Supplements containing biotin, ceramides, keratin, and silica to support hair and nail strength.

- **Antibacterial and Antifungal:** Beneficial in the treatment of minor cuts, acne, lice (e.g., tea tree oil).

- **Dermatology Benefits:** Products that promote healthy skin, hair, and nails (e.g., coconut oil).



# Digestive Health

Digestive health products support gut balance, nutrient absorption, and digestive comfort with ingredients like probiotics, prebiotics, digestive enzymes, and fibre, all of which help maintain a healthy microbiome and promote regularity.



- **Probiotics:** Beneficial bacteria for gut health (e.g., lactobacillus, bifidobacterium strains).

- **Prebiotics:** Ingredients that promote the growth of beneficial gut bacteria (e.g., inulin, fructooligosaccharides).

- **Synbiotics:** A combination of probiotics and prebiotics for synergistic effects.

- **Digestive Enzymes:** Supplements that aid in the breakdown and absorption of nutrients (e.g., bromelain, papain, amylase).

- **Fibre Supplements:** Products containing soluble or insoluble fibre to support digestion (e.g., psyllium husk, oat fibre).







# Excipients & Additives

Excipients and additives are not active ingredients but are essential in the formulation, stability, taste, texture, delivery, and overall consumer experience of the final product.

## Excipients:

Inactive substances or additives used in the formulation of drugs, supplements, or other pharmaceutical products.



**Excipient categories:** Excipients can be classified into multiple areas including binding and filling agents, preservatives, stabilizers, disintegrants, and lubricants.

## Sweeteners:

Substances used to enhance and mask the taste of ingredients in products such as chewables, syrups, powders, and gummies.



**Natural:** Naturally-sourced ingredients originated from the natural world (stevia, monk fruit, and erythritol).



**Artificial:** Synthetically manufactured, artificial sweeteners provide calorie-free sweetness (like aspartame, sucralose, and saccharin).

## Flavours:

Natural or artificial ingredients used to enhance or modify the **taste, aroma, and sensory appeal** of products without altering their nutritional or therapeutic function.



**Natural:** Derived from plant or animal sources through physical, enzymatic, or microbial processes.

**Examples:** Stevia, Monk Fruit, Orange oil, mint extract, vanilla, cocoa, berry essences.



**Nature-identical Flavours:** Chemically synthesized but identical to natural compounds.

**Examples:** Vanillin (synthetic), ethyl maltol.



**Artificial Flavours:** Synthetic compounds designed to mimic natural flavours.

**Examples:** Fruit punch, bubblegum, cotton candy.

## Who We Are

We travel the world regularly to research new and innovative products and their uses to continuously increase the range of our product offerings. If there is an ingredient or product that you are looking for that is not listed in this book, please do not hesitate to contact us to ask about it.



**Atul Aggarwal**

Founder / Chair



**Marc Roy**

President / CEO



**Dan St John**

Vice President of Sales



**Sadhana Sadanagiri**

Director, Quality Assurance



**Yukiko MacDonald**

Director of Finance



**John Pettigrew**

Director, Logistics &  
Customer Service

## Our Head Offices

### **A&A Pharmachem Inc.**

4-77 Auriga Drive  
Ottawa, ON K2E 7Z7, Canada

16855 West Bernardo Drive, Suite 100  
San Diego, CA 92127, USA

1-613-224-1234

[info@aapharmachem.com](mailto:info@aapharmachem.com)

[www.aapharmachem.com](http://www.aapharmachem.com)









[aapharmachem.com](http://aapharmachem.com)